

JOIN THE WALKING MOVEMENT! 1 MILLION STEPS TO BETTER HEALTH



WALK THIS WAY FAMILY FUN DAY

Saturday, March 15 | 7 - 9 am

**NORTH MIAMI ATHLETIC STADIUM
2555 NE 151 Street
North Miami, FL 33181**

Receive a **FREE** t-shirt, pedometer,
and guide book for becoming a part of the
WALK THIS WAY PROGRAM.



**Meet up
WEEKLY FOR SELF-GUIDED
walking at 3 rotating locations.**

***Mondays, 5 - 8 pm
North Miami Athletic Stadium
2555 NE 151 Street**

***Wednesdays, 5 - 8 pm
Cagni Park
13498 NE 8 Avenue**

***Fridays, 5 - 8 pm
Pepper Park
1255 NW 135 Street**

*** Opportunities to log steps with staff members
to track your progress and reach 1,000,000 steps**

**MARK YOUR
CALENDAR EVERY
3rd SATURDAY OF THE MONTH
FAMILY FUN DAY!**

**Saturday, April 19 | 7 - 9 am | Cagni Park
Saturday, May 17 | 7 - 9 am | Pepper Park**

Face Painting Fun Zones

**Hydration Stations On-Site
Health and During Walks
Educational Vendors**

For more information, contact the Parks and Recreation Office at 305-895-9840.

The City of North Miami does not discriminate on the basis of disability in the admission or access to,
or treatment or employment in its programs or activities.